



COMPETITIVE TRAIL RIDING ENDURANCE RIDING RIDE AND TIE

*Thinking of trying distance riding?
Looking for cross-training for your horse?
Wondering how to improve your horse's performance?*

Distance Riding 101 – HANDS ON!

**Presented by Seaway Valley Arabian Horse Association
Hosted by Davalon Stables**

August 13th, 2011 9:00 a.m. – 3:00 p.m.

at Davalon Stables 2824 Goodstown, Richmond, Ont

(Please bring your own lunch)

In this follow-up to the popular Distance Riding 101 lecture series you will learn ...

- **How to present your horse to the veterinary judges**
- **How to take your horse's heart rate & how to do a Cardiac Recovery Index (CRI)**
- **How to read a vet card**
- **How to cool your horse**
- **How to electrolyte your horse and when**
- **Conditioning considerations – using the horse you have to the best of his ability**



Pre-registration required. Cost: \$35 without horse – \$55 with horse*

***(overnight stay and Sunday fun ride included)**

**Kim Woolley,
Event Coordinator
613.794.9995
kim@elementalstrategies.com**

**Dessia Miller
SVAHA President
613.330.0706
dessia@amberleaequestrian.com**

**Dannielle Ayotte
Davalon Stables
613.794.1276
ayottedc@yahoo.com**

www.seawayvalleyarab.com

<http://davalonstables.weebly.com/>